



## Our Services

Skilled Nursing Care provided by  
 Licensed Nurses 24 hours per day

Spacious Private & Semi-Private Suites

In-house Physical, Occupational, and  
 Speech Therapy Services

Therapeutic diets under the supervision  
 of a registered Dietitian, and nutritionally  
 developed dietary choices prepared  
 to your liking

Structured activities program

On-site pool & spa

Medication administration, including  
 assessment of new medications

IV Therapy and Wound Care Services

Social services and discharge planning

Hospice care



## Preparing for Your Stay at Warm Beach Healthcare Center

### What To Bring

- ◇ Health Insurance Cards
- ◇ Advanced directives and any other pertinent records (Durable Power of Attorney, or Guardianship Papers)
- ◇ Emergency contact information
- ◇ Three to five sets of loose, comfortable clothes that are easy to get into and remove
- ◇ One pair of comfortable walking shoes
- ◇ Undergarments
- ◇ Pajamas and slippers
- ◇ Comfortable coat or jacket
- ◇ Any Splints, braces, or orthotics and customized equipment, like a wheelchair, that you are using at home
- ◇ Personal items, such as glasses, dentures, and hearing aids
- ◇ Items that would make you feel more comfortable, your own toothbrush, toothpaste, hairbrush, makeup, pillow, etc
- ◇ Address book and or personal phone book
- ◇ Activities that you enjoy such as books, games, or cards

### What Not To Bring

- ◇ Valuables
- ◇ Large amounts of cash
- ◇ Medications



## During Your Stay with Warm Beach Healthcare Center

Each person's needs are different based on the medical condition that requires admission to our Warm Beach Healthcare Center. Your medical and therapy program is based on your individual needs.

However, you can generally expect the following:

- ◇ To be involved in your care decisions
- ◇ To be encouraged to be as independent as possible
- ◇ To work hard so progress can be made
- ◇ To be involved in patient and family education and training
- ◇ To receive regular communication from the physician, nurses, therapist and social worker on your progress and plans for discharge
- ◇ To receive communication from the business office manager regarding your financial responsibilities based on insurance coverage



### Family Participation

We encourage families to participate in the care of their loved ones as much as possible. This helps ensure that rehabilitation will continue after the patient is discharged. Our interdisciplinary team will coordinate meetings with patients and their families to discuss goals and plans for discharge.



### Physician Services

All the care received is directed by the attending physicians. Our nursing professionals are in constant contact with all the physicians regarding any medications and treatment changes to your care. Physician visit times will vary, based on their schedule.

### Visiting Hours

Warm Beach Healthcare Center welcomes visitors 24 hours a day, seven days a week.

Visitors take note of the following:

- ◇ Please be considerate of both patients in semi-private rooms
- ◇ Please do not visit if you have a cold, sore throat, or any contagious disease.



### Meals

Nourishing and well-balanced meals are an important part of your treatment and recovery. During your stay, a meal plan will be designed for you by a registered dietitian under the direction of your physician.



### Personal Laundry

There is no charge for personal laundry. However families who may wish to do laundry should communicate this at the time of admission and ensure laundry is done at least once a week in order to comply with state hygiene regulations.

